



GATHERINGS WITH HEIDI

INSPIRE. IGNITE. EDUCATE

Welcome to **GATHERINGS WITH HEIDI** 2012 event schedule.

An inspirational series of gatherings uniquely designed to improve your physical, emotional and overall well being. Each gathering has been masterfully orchestrated with leading experts and facilitators. **GATHERINGS WITH HEIDI** are uniquely themed and delivered on a monthly basis to help you reach new levels of awareness.

Location: Location: Conveniently located in the charming core of downtown Burlington In the offices of Bartimaeus Inc., 600 Brant St. Burlington, ON.

Cost: \$249 plus HST per Gathering or save 10% if pre-paying for 4 or more.

Time: 9:00am – 1:00pm

Included with each gathering is an array of healthy beverages and light snacks.

Inspire. Ignite. Educate

Jan 28 Magnetize Your Magnificence

A gathering focused on the power of understanding and applying the Law of Attraction.

Guest Expert: **Priya Ali** – Author and Law of Attraction Coach

Feb 25 With the Stroke of a Pen - Claim Your Life

A gathering focused on helping individuals with a common sense approach to be proactive with their financial planning and insurance decisions.

Guest Expert: **Jane Blaufus** – Author

Mar 31 Essence: An Unfolding Experience

A gathering focused on understand your true[self].

Guest Expert: **Deborah Bakti**

Understanding Yourself

April 28 Think Inside The Box

A gathering focused on discovering your unique gifts.
Guest Expert: **Jeanne Albert-Cheng**, Author

May 26 Hope in Motion

A Gathering focused on holistic nutrition.
Guest Expert : **Marce Spence** – Registered Holistic Nutritionist

June 23 Heartfelt Conversations for the Medical Community

A Gathering focused on improving doctor-patient relationships.
Guest Expert: **Deborah Bakti**



Igniting your Power

Sept 29 Harness Your Power

A Gathering focused on your harnessing your inner strength.

Guest Expert: **Nandor Badjusz** - Author + Functional Medicine Practitioner

Oct 27 Ignite the Real You

A gathering focused on discovering what fires you up.

Guest Expert: **Roxanne Derhodge**, Author

Nov 24 Sharpen Your Intentions

A gathering for setting your intentions for the New Year.

Guest Expert: **Priya Ali**, Author and Coach

Dec 8 Get Enlightened

A gathering focused on helping you prepare to receive your gifts.

Guest Expert: **Ken Jacques**, Author

The Power of Awareness



REGISTER NOW FOR GATHERINGS WITH HEIDI
Seating is Limited.

Heidi Cowie RSW

t. (905) 634.9291

heidi@heidicowie.com